



	Focus	Ideas	Cross-Curricular Links	Achieved?
Religious Education	Areas of Catholic significance	<p>At around this time, each year, one of our teachers (Mr Young) visits a place called Lourdes on a religious Pilgrimage. Unfortunately, like many people, his trip this year was cancelled. To cheer him up we would like you to research Lourdes and present the information you find in any way that you would like (PowerPoint, information leaflet, poster, video etc.) and tweet him with your findings! @SCOS_Bakhita</p> <p>Remember that not all answers can be found on the internet – try asking your parents or grandparents who may have visited, thus becoming a primary source of information!</p> <p>Some potential questions that you might want to answer are:</p> <p>What and where is Lourdes?</p> <p>Why do people travel there?</p> <p>Why is it an area of Catholic significance?</p> <p>What is 'the story of Lourdes'?</p> <p>Who is Bernadette?</p>		
Art	Evaluate and analyse creative works.	<p>Select a famous piece of artwork. Analyse how it makes you feel. Try to answer the follows questions:</p> <p>What's going on in this artwork?</p> <p>How does it make you feel? Why?</p> <p>What was your first reaction to this artwork? Why do you think you had the reaction?</p> <p>Does your opinion about the artwork change the longer you look at it? Why?</p> <p>Describe the lines in this artwork</p> <p>Describe the colours in the artwork</p> <p>Which area of the artwork is emphasized by the artist? Why?</p> <p>Which area of the artwork is most important? Why?</p> <p>Remember artwork is subjective to your opinion, there is no right or wrong answer!</p> <p>Ideas include:</p> <p>Mona Lisa, The Starry Night, The Scream</p> <p>https://www.brushwiz.com/most-famous-paintings/</p>	Make a fact file about the artist whose work you have chosen.	

D&T	Know the basic principles of a healthy & varied diet.	<p>With support, design your own Eatwell Plate Poster. This could be 2 or 3 dimensional!</p> <p>Research how many carbohydrates, proteins, fats, fruits and vegetables should be on the plate.</p> <p>https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/</p>	Use a camera to take photos of your design.	
History/ Geography	Study significant local historical places, people and events.	<p>When you are outside on your daily exercise can you spot any clues or examples of local history? Are there plaques, statues or memorials?</p> <p>Use the websites below to aid your search and give you things to find -</p> <p>https://www.ourwatfordhistory.org.uk/</p> <p>http://www.halh.org.uk/local-history-websites--other-links.html</p> <p>Think about how where you live may have been impacted by certain periods in history, for example, World War II (WWII).</p> <p>Speak to your parents, grandparents and relatives and see what they may remember about their local history.</p> <p>Are there any historically significant people that have grown up or have a connection with where you live? Perhaps a Pope, World Champion or Musician?</p>	<p>Think about how you would like to present your findings – will you use technology? Or will you use physical resources?</p> <p>Write a historical report about how WWII impacted your local area.</p>	
Music	Sing songs & speak chants & rhymes.	<p>Pick your favourite song, chant or rhyme.</p> <p>Why is it your favourite?</p> <p>What do you like about it? Practise and perform your song, rhyme or chant to the people in your home.</p> <p>If you're feeling really confident, why not film yourself performing a tweet us your video!</p> <p>Bonus Tasks – If you're feeling super creative why not try and create/ write your own song, rhyme or chant!</p>	Use your speaking & listening skills to explain which piece of music was your favourite and why. Can you make up a dance to go with one of the tracks?	
PE	To track your physical activity.	<p>Keep a diary of all the physical activity you do for the next two weeks, morning, afternoon and evening. Any activity can count: walking, riding your bike, running, playing the garden, trampolining, tree climbing, etc. The list is endless!</p> <p>Blank copies of activity diaries can be found at the link below -</p> <p>https://www.healthykids.nsw.gov.au/downloads/file/kidsteens/HealthyKidsActivityDiary.pdf</p> <p>Challenge – Can you increase the amount of exercise you have done in week 1 by a minimum of 10% in week 2?</p>	Write a story about a sportsperson of your choice.	
Computing	To understand what code is.	https://www.bbc.co.uk/bitesize/clips/z28qmp3		

		<p>When you learn to code you can make things happen on your computer. You can make anything you want with code. It could be a game, some pictures or a film.</p>		
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Computer code is a set of rules or instructions. It is made up of words and numbers and when you put them in the right order it will tell your computer what you want it to do. You can program lots of things with code.

Try this fun coding activity at home - all you need is a deck of cards!

<https://teachyourkidscode.com/coding-unplugged-with-a-deck-of-cards/>

Catholic Life

Ten Ten provide a range of resources to support prayer and worship in schools. As we are all currently unable to attend Sunday Mass, they have produced the following resource, which will be updated weekly, to help families pray together at home each Sunday: <https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/sunday-liturgy-for-families/>

Please remember that Mass is being regularly live streamed from Our Lady and St Michel's Church

<https://www.facebook.com/OurGarston>