



	Focus	Ideas	Cross-Curricular Links	Achieved?
Religious Education	Areas of Catholic significance	<p>At around this time, each year, one of our teachers (Mr Young) visits a place called Lourdes on a religious Pilgrimage. Unfortunately, like many people, his trip this year was cancelled. To cheer him up we would like you to research Lourdes and present the information you find in any way that you would like (PowerPoint, information leaflet, poster, video etc.) and tweet him with your findings! @SCOS_Bakhita</p> <p>Remember that not all answers can be found on the internet – try asking your parents or grandparents who may have visited, thus becoming a primary source of information!</p> <p>Some potential questions that you might want to answer are:</p> <p>What and where is Lourdes?</p> <p>Why do people travel there?</p> <p>Why is it an area of Catholic significance?</p> <p>What is 'the story of Lourdes'?</p> <p>Who is Bernadette?</p>		
Art	Evaluate & analyse creative works.	<p>Select a famous piece of artwork. Analyse how it makes you feel. Try to answer the follows questions:</p> <p><i>What's going on in this artwork?</i></p> <p><i>How does it make you feel? Why?</i></p> <p><i>What was your first reaction to this artwork? Why do you think you had the reaction?</i></p> <p><i>Does your opinion about the artwork change the longer you look at it? Why?</i></p> <p><i>Describe the lines in this artwork</i></p> <p><i>Describe the colours in the artwork</i></p> <p><i>Which area of the artwork is emphasized by the artist? Why?</i></p> <p><i>Which area of the artwork is most important? Why?</i></p> <p>Remember artwork is subjective to your opinion, there is no right or wrong answer!</p> <p>Ideas include:</p> <p>Mona Lisa, The Starry Night, The Scream</p> <p>https://www.brushwiz.com/most-famous-paintings/</p> <p>Try creating your own masterpiece using what you have at home – Tweet Miss Holt your final design @St_Caths_Bosco</p>	Can you make a replica or your own version of their design? Be creative!	

D&T	Know the basic principles of a healthy & varied diet.	<p>Design your own Eatwell Plate Poster. This could be 2 or 3 dimensional!</p> <p>Research how many carbohydrates, proteins, fats, fruits and vegetables should be on the plate.</p> <p>Annotate each section of the plate. Writing a definition for each section and providing an example of these types of foods.</p> <p>Bonus – Using your new Eatwell Plate, can you design a one-day meal plan for your family? Ensuring they get all the nutrients they needs to stay fit and healthy!</p> <p>https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/</p>	Use a camera to record the stages of design.	
History/ Geography	Study significant local historical places, people and events.	<p>When you are outside on your daily exercise can you spot any clues or examples of local history? Are there plaques, statues or memorials?</p> <p>Use the websites below to aid your search and give you things to find – https://www.ourwatfordhistory.org.uk/ http://www.halh.org.uk/local-history-websites--other-links.html</p> <p>Think about how where you live may have been impacted by certain periods in history, for example, World War II (WWII).</p> <p>Speak to your parents, grandparents and relatives and see what they may remember about their local history.</p> <p>Are there any historically significant people that have grown up or have a connection with where you live? Perhaps a Pope, World Champion or Musician?</p> <p>Can you compare your local history to another member of your family? Perhaps they were born and raised somewhere other than where you currently live. Compare and contrast the differences of the two settings.</p>	<p>Think about how you would like to present your findings – will you use technology? Or will you use physical resources?</p> <p>Write a historical report about how WWII impacted your local area.</p> <p>Create a comparison poster</p>	
Music	Appreciate music from great composers & musicians.	<p>Listen to music from great musicians and composers. Use the help sheet below whilst your listening.</p> <p>Musicians – Ed Sheeran, Elton John, Lady Gaga, Shawn Mendes, Taylor Swift, Usher Classical Composers – Antonio Vivaldi, Claude Debussy, George Handel, Johann Bach, Ludwig Beethoven, Wolfgang Mozart Modern Composers – Hans Zimmer, Joe Hisaishi, John Williams, Lera Auerbach, Philip Glass</p>	Write a short report on which piece of music has inspired you and why.	

Listening to Music for Detail

Title of the piece: _____

Performer(s): _____

Composer/writer: _____

Year composed/written: _____

Genre/Type of music: _____

How do you know it is this genre? _____

1. What instruments can you hear?

voice strings guitar drums bass tambourine

woodwind brass whistle piano/keyboard

Anything else? _____

2. What is the tempo? How fast or slow is the music? Describe any changes during the piece.

start	middle	end
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3. Dynamics: Are there quiet and loud parts? If so, where?

start	middle	end
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4. What word would you use to describe this piece?

5. Does the music sound happy or sad? These are called keys.

major (happy) minor (sad) happy and sad (major and minor)

6. Did you like the piece? Explain why or why not.

PE

To track your physical activity.

Keep a diary of all the physical activity you do for the next two weeks, morning, afternoon and evening. Any activity can count: walking, riding your bike, running, playing the garden, trampolining, tree climbing, etc. The list is endless!

Blank copies of activity diaries can be found at the link below -
<https://www.healthykids.nsw.gov.au/downloads/file/kidsteens/HealthyKidsActivityDiary.pdf>

Challenge - Can you increase the amount of exercise you have done in week 1 by a minimum of 10% in week 2?

Science - what happens to your muscles during exercise?

		<p>Research the following questions -</p> <p>Why could it be important to regularly exercise?</p> <p>Why would it be a bad idea to exercise 1 hour in week 1 and 10 ours in week 2?</p> <p>Should you exercise as an adult? Why?</p>		
Computing	Use technology safely	<p>We need your help!</p> <p>Soon we (St. Catherine's School) will be using Google Classroom to do our home learning.</p> <p>We need to ensure that we use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour and identify a range of ways to report concerns about content and contact.</p> <p>I would like you to create a set of rules for every St. Catherine's pupil to follow when using Google Classroom. Your rules will directly influence how we will all interact with each other in Google Classroom!</p> <p>Things to think about -</p> <ul style="list-style-type: none"> Being safe being respectful Acceptable/ unacceptable behaviour How to report/ when to report a concern Safe contact Use of webcam 		

Catholic Life

Ten Ten provide a range of resources to support prayer and worship in schools. As we are all currently unable to attend Sunday Mass, they have produced the following resource, which will be updated weekly, to help families pray together at home each Sunday: <https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/sunday-liturgy-for-families/>

Please remember that Mass is being regularly live streamed from Our Lady and St Michel's Church

<https://www.facebook.com/OurGarston>

