

50 ideas of things to do before I start school



Ready Child

Tick off the following activities to help you get ready for school



Play 'Keepy Uppy' with a balloon



Draw a picture of my family



Dress up in old clothes, blankets or towels



Make music using pots, pans and spoons



Paint with water on the fence or path



Count how many things I can see flying



Pour myself a drink



Talk about my day



Have a pyjama day



Practise breathing for 5 minutes



Do as many star jumps as I can in a minute



Play shops using real money Make a card for your new teacher



Go on a colour hunt



Help cut up fruit or vegetables for a salad



Make a shadow using my hands



Complete a puzzle



Bake cakes or bread



Build or make something



Make a map of my journey to school



Make ice lollies



Build a den



Play outside and look for insects



Play I – Spy



Make a paper aeroplane and fly it



Get a new tooth brush to practise brushing my teeth



Help wash the car or bike



Try on all of my uniform and take a photo



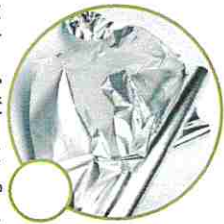
Take photos of my family



Play with cups and containers in the bath



Play a board game



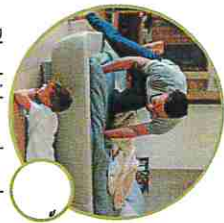
Make a foil boat to float in the sink



Dance to my favourite song



Help set the table for dinner



Play hide and seek



Read a book to my toys



Play a card game such as snap



Look at the photographs



Use scissors to cut pictures out of a magazine



Help write a shopping list



Play outside and look for daisies and dandelions



Go on a nature hunt



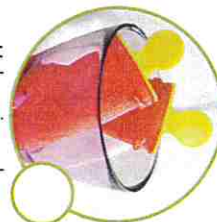
Draw around objects



Make a bracelet using pasta or hooped cereal



Go on a number hunt



Help pair socks



Play a memory game



Play traditional party games



Look at the dinner menu on the school website



Make a phone call to family or friends

GETTING READY FOR SCHOOL!



Ready Child

Tick off the following activities over the summer to help you get ready for school



Hertfordshire
Family Centre
Service

Find out what is going on at your local family centre



Visit some local parks



Join the local library



Explore the local woods



Practise washing your hands with soap, independently



Practise taking your coat off and putting it back on



Play a board game and practise taking turns



Practise your journey to school



Practise putting your uniform on and taking it off



Practise putting your school shoes on and try wearing them for a day



Practise carrying your food on a plate



Learn to sing a number rhyme



Share books with an adult



Share your toys with a friend



Try a variety of fruit prepare this yourself

★ WELL DONE! YOU ARE 'GETTING READY FOR SCHOOL!' ★

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