WHOLE SCHOOL OVERVIEW PE and Sports Survey

|  | Percentage |
| :--- | :---: |
| How many of your class attend/participate in an afterschool or weekend club? | $83 \%$ |
| How many of your class attend/participate in an afterschool or weekend club which is sports <br> related? | $67 \%$ |
| How many of your class think they are active for at least 30 minutes a day during school? <br> (Prompt pupils about breaks and lunchtimes/PE/brain breaks and the games/activities they <br> engage in) | $93 \%$ |
| How many of your class feel they are active for at least 30 minutes a day outside of school? <br> (This could include walking to school) | $93 \%$ |

At St Catherine's school, an impressive 91\% of pupils engage in afterschool or weekend activities, either organised by the school or through another agency. Notably, $67 \%$ of these students participate in sports-related clubs. Furthermore, at St Catherine's, over 93\% of our pupils feel that they are active for a minimum of 30 minutes each day during school hours and an additional 30 minutes outside of school.

It appears that Key Stage 2 students at St Catherine's school have greater access to sports-related clubs. As a result, for the upcoming academic year, the school will prioritise focusing on Key Stage 1 to ensure that these younger students also have ample opportunities to participate in sports-related activities. By doing so, the school aims to promote an active and well-rounded experience for all its pupils across different age groups.

The most popular clubs within our school are football, dance, and swimming. These clubs have garnered significant interest among the students. It's worth noting that football, dance, and swimming are widely available clubs across the country, reflecting their popularity and accessibility.

To provide a broader range of experiences and allow children to explore different interests, St Catherine's aims to investigate alternative club options for the next academic year. By offering a diverse selection of clubs, the school hopes to encourage pupils to broaden their horizons, discover new passions, and develop a well-rounded set of skills. This proactive approach will enable students to explore activities beyond the traditional sports and delve into areas they may
not have previously considered, fostering a spirit of exploration and personal growth.

While it is observed that boys tend to participate in football teams and girls gravitate towards dance clubs, St Catherine's school prides itself on being an inclusive institution with a vision of equality. We recognize the importance of challenging stereotypes and fostering an environment where children feel empowered to pursue their interests regardless of gender.

In line with our commitment to inclusivity, the school will continue its efforts to encourage children to attend clubs that defy traditional gender roles. By actively promoting a diverse range of activities and providing equal opportunities for all students, we aim to break down barriers and promote a culture of inclusiveness, where children feel comfortable exploring a wide array of interests and pursuing activities that align with their individual passions, regardless of societal expectations.

PE and Sports Survey

| Class Name: 4 John Paul II | Pupils present during survey: 34 | Percentage |
| :--- | :---: | :---: |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club? | 31 | $91 \%$ |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club <br> which is sports related? | 25 | $74 \%$ |
| How many of your class <br> think they are active for at <br> least 30 minutes a day <br> during school? (Prompt pupils <br> about breaks and lunchtimes/PE/brain <br> breaks and the games/activities they <br> engage in) |  |  |
| How many of your class feel <br> they are active for at least <br> $30 ~ m i n u t e s ~ a ~ d a y ~ o u t s i d e ~ o f ~$ <br> school? (This could include <br> walking to school) | 34 | $100 \%$ |

What clubs do your class attend? (Please list the clubs in the column on the left and the number of pupils on the right)

| Football | 11 |
| :---: | :---: |
| Basketball | 0 |
| Cricket | 1 |
| Dance | 18 |
| Gymnastics | 8 |
| Swimming | 19 |
| Scouts | 3 |
| Martial Arts | 5 |
| Tennis | 6 |

PE and Sports Survey

| Class Name: 2 JHN | Pupils present during survey: 28 | Percentage |
| :--- | :---: | :---: |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club? | 19 | $67 \%$ |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club <br> which is sports related? | 16 | $57 \%$ |
| How many of your class <br> think they are active for at <br> least 30 minutes a day <br> during school? (Prompt pupils <br> about breaks and lunchtimes/PE/brain <br> breaks and the games/activities they <br> engage in) |  |  |
| How many of your class feel <br> they are active for at least <br> 30 minutes a day outside of <br> school? (This could include <br> walking to school) | 26 | $92 \%$ |

What clubs do your class attend? (Please list the clubs in the column on the left and the number of pupils on the right)

| Football | 8 |
| :---: | :---: |
| Basketball | 3 |
| Cricket | 3 |
| Dance | 11 |
| Gymnastics | 5 |
| Swimming | 10 |
| Scouts | 7 |
| Martial Arts | 1 |
| Tennis | 4 |

PE and Sports Survey

| Class Name: 3 Jacinta | Pupils present during survey: 33 | Percentage |
| :--- | :---: | :---: |
| How many of your class <br> attend/participate in an afterschool or <br> weekend club? | $28 / 33$ | $84 \%$ |
| How many of your class <br> attend/participate in an afterschool or <br> weekend club which is sports related? | $24 / 33$ |  |
| How many of your class think they are <br> active for at least 30 minutes a day <br> during school? (Prompt pupils about <br> breaks and lunchtimes/PE/brain breaks <br> and the games/activities they engage in) | $27 / 33$ | $72 \%$ |
| How many of your class feel they are <br> active for at least 30 minutes a day <br> outside of school? (This could include <br> walking to school) | $31 / 33$ | $81 \%$ |


| What clubs do your class attend? (Please list the clubs in the column on the left and <br> the number of pupils on the right) |  |
| :---: | :---: |
| Football | 7 |
| Basketball | 4 |
| Cricket | 0 |
| Dance | 12 |
| Gymnastics | 4 |
| Swimming | 20 |
| Scouts/Brownies | 15 |
| Martial Arts | 2 |
| Boxing | 1 |
| Irish Dancing | 6 |
| Tennis | 5 |
| Netball | 6 |
| Athletics | 2 |

PE and Sports Survey

| Class Name: 6 Teresa | Pupils present during survey: 33 | Percentage |
| :--- | :---: | :---: |
| How many of your class attend/participate in an <br> afterschool or weekend club? | $28 / 33$ | $85 \%$ |
| How many of your class attend/participate in an <br> afterschool or weekend club which is sports <br> related? | $27 / 33$ | $82 \%$ |
| How many of your class think they are active for <br> at least 30 minutes a day during school? (Prompt <br> pupils about breaks and lunchtimes/PE/brain <br> breaks and the games/activities they engage in) | $33 / 33$ | $100 \%$ |
| How many of your class feel they are active for at <br> least 30 minutes a day outside of school? (This <br> could include walking to school) |  | $33 / 33$ |


| What clubs do your class attend? (Please list the clubs in the column on the left and the <br> number of pupils on the right) |  |
| :---: | :---: |
| Football | 17 |
| Basketball | 0 |
| Cricket | 3 |
| Dance | 10 |
| Gymnastics | 3 |
| Swimming | 20 |
| Scouts/Brownies | 7 |
| Martial Arts | 2 |
| Boxing | 3 |
| Irish Dancing | 4 |
| Tennis | 5 |
| Netball | 13 |
| Athletics | 5 |
| Badminton | 2 |
| Gaelic Football | 4 |
| Hurling | 1 |
| Drama | 2 |
| Hockey | 1 |
| Squash | 2 |
| Chess | 3 |
| Footsall | 2 |
| Musical Instrument | 2 |

PE and Sports Survey

| Class Name: Romero | Pupils present during survey: 30 | Percentage |
| :--- | :---: | :---: |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club? | 1 | $3.33 \%$ |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club <br> which is sports related? | 4 | $13.33 \%$ |
| How many of your class <br> think they are active for at <br> least 30 minutes a day <br> during school? (Prompt pupils <br> about breaks and lunchtimes/PE/brain <br> breaks and the games/activities they <br> engage in) | 30 | $100 \%$ |
| How many of your class feel <br> they are active for at least <br> 30 minutes a day outside of <br> school? (This could include <br> walking to school) |  | $100 \%$ |

What clubs do your class attend? (Please list the clubs in the column on the left and the number of pupils on the right)

| Football | 4 |
| :---: | :---: |
| Basketball | - |
| Cricket | - |
| Dance | - |
| Gymnastics | - |
| Swimming | - |
| Scouts | - |
| Martial Arts | - |

PE and Sports Survey

| Class Name: 5 Faustyna | Pupils present during survey: 32 | Percentage |
| :--- | :---: | :---: |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club? | 29 | $91 \%$ |
| How many of your class <br> attend/participate in an <br> afterschool or weekend club <br> which is sports related? | 16 | $50 \%$ |
| How many of your class <br> think they are active for at <br> least 30 minutes a day <br> during school? (Prompt pupils <br> about breaks and lunchtimes/PE/brain <br> breaks and the games/activities they <br> engage in) |  |  |
| How many of your class feel <br> they are active for at least <br> 30 minutes a day outside of <br> school? (This could include <br> walking to school) | 30 | $93 \%$ |

What clubs do your class attend? (Please list the clubs in the column on the left and the number of pupils on the right)

| Football | 11 |
| :---: | :---: |
| Basketball | 4 |
| Cricket | 2 |
| Dance | 9 |
| Gymnastics | 4 |
| Swimming | 14 |
| Scouts | 3 |
| Martial Arts | 2 |
| Tennis | 9 |

